

## STEP THERAPY DRUG LISTING

To help make the use of prescription drugs safer and more affordable, our plan is using a **Step Therapy** program.

### How the Step Therapy Program Works

Medications are grouped into two categories:

- 1. Front-Line Medications:** These are the drugs recommended for you to take first — usually generic medications, which have been proven safe and effective.
- 2. Back-Up Medications (Step 2):** These are brand-name medications, like those you may see advertised on TV. They're recommended for you to take only if a front-line medication doesn't work for you.

**Note: List is subject to change; updated 08/2015.**

| Class/Drug Name                           | Front Line Drugs (Step-1)<br>Always covered-try this first if clinically appropriate                                                                                                                                                                                                                                        | Back-Up Drug (Step-2)                                                                                                                                            |
|-------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Angiotensin Receptor Blocker (ARB)</b> | <b>Generic ACE Inhibitor:</b><br>Benazepril, Benazepril/HCTZ, Captopril, Captopril/HCTZ, Enalapril, Enalapril/HCTZ, Lisinopril, Lisinopril/HCTZ, Moexipril, Moexipril/HCTZ, Perindopril, Quinapril, Quinapril/HCTZ, Ramipril, Trandolapril<br><b>OR Generic ARB:</b><br>Eprosartan, Losartan, Losartan/HCTZ, Valsartan/HCTZ | Valsartan, Amlodipine/Valsartan, Amlodipine/Valsartan HCT                                                                                                        |
| <b>Allergies</b>                          | <b>One Antihistamine:</b> cetirizine, loratadine, cetirizine/pseudoephedrine, Levocetirizine, loratadine/pseudoephedrine, or Montelukast<br><b>AND</b><br><b>One Nasal Corticosteroid:</b> flunisolide, fluticasone, <b>Nasacort allergy 24H OTC</b> Nasal Inhaler.                                                         | Nasonex                                                                                                                                                          |
| <b>Antiasthmatic (Combo ICS/LABA)</b>     | Asmanex, Qvar, Aerospa ( >12yo Dulera & Symbicort)                                                                                                                                                                                                                                                                          | Advair:<br><b>For patients &lt;12 years old:</b> Must try ICS first.<br><b>For patients &gt;12 years old:</b> Must try ICS first <b>AND</b> Dulera or Symbicort. |
| <b>Antidiabetic</b>                       | Metformin, Glipizide, Glyburide, Pioglitazone, Glimepiride                                                                                                                                                                                                                                                                  | ActoplusMet XR, Duetact                                                                                                                                          |
| <b>Anti-infective</b>                     | Metronidazole                                                                                                                                                                                                                                                                                                               | Vancocin HCL                                                                                                                                                     |
| <b>COPD</b>                               | Ipratropium Bromide HFA, Incruse Ellipta                                                                                                                                                                                                                                                                                    | Tudorza, Spiriva                                                                                                                                                 |
| <b>Cox II</b>                             | <b>Generic NSAIDS</b><br>(e.g. Diclofenac, Etodolac, Meloxicam, Naproxen, Ibuprofen, Indomethacin, Ketorolac)                                                                                                                                                                                                               | Celecoxib                                                                                                                                                        |
| <b>DPP-4 Inhibitor</b>                    | Metformin, Glipizide, Glyburide, Pioglitazone, Glimepiride                                                                                                                                                                                                                                                                  | Januvia, Janument, Janumet-XR, Tradjenta, Jentadueto                                                                                                             |
| <b>HMG (Cholesterol)</b>                  | Lovastatin, Pravastatin, Simvastatin, Atorvastatin                                                                                                                                                                                                                                                                          | Crestor, Liptruzet, Livalo, Vytorin, Zetia                                                                                                                       |

| Class/Drug Name                       | Front Line Drugs (Step-1)<br>Always covered-try this first if clinically appropriate                                                                                                                                        | Back-Up Drug (Step-2)                                                                                              |
|---------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------|
| <b>Hypnotics</b>                      | Eszopiclone, Zaleplon, Zolpidem                                                                                                                                                                                             | Rozerem                                                                                                            |
| <b>Metaxalone</b>                     | Cyclobenzaprine, Baclofen, Methocarbamol, Chlorzoxazone, Orphenadrine, Tizanidine                                                                                                                                           | Metaxalone                                                                                                         |
| <b>Other Antidepressant</b>           | Citalopram, Duloxetine, Fluoxetine, Fluvoxamine, Paroxetine, Sertraline, Escitalopram, Venlafaxine, Venlafaxine HCL ER Capsules                                                                                             | Venlafaxine HCL ER Tablets<br>ViiBryd                                                                              |
| <b>Proton Pump Inhibitor</b>          | <b>Lansoprazole 30mg, Nexium 24H OTC, Omeprazole, Pantoprazole, Prevacid 24 OTC, FIRST-OMEPRASUS 2MG/ML*, FIRST-LANSOPRAZOLE SUS 3MG/ML*, Lansoprazole ODT/Solutab*</b><br><b>*For patients &lt;12 years with dysphagia</b> | Omeprazole-Bicarbonate 20mg-1.1g OTC Lansoprazole 15mg ( <b>must try Prevacid 24 OTC first</b> ), Rabeprazole 20mg |
| <b>Scabicides &amp; Pediculicides</b> | Nix, RID, Permethrin, Pyrethrin/piperonyl butoxide                                                                                                                                                                          | Lindane, Zyclara, Natroba, Ovide                                                                                   |
| <b>Strattera</b>                      | Guanfacine ER <b>AND</b> any one of the following: Generic amphetamine ER, or Generic methylphenidate/dexmethylphenidates, Metadate CD, or Vyvanse                                                                          | Strattera                                                                                                          |
| <b>Topical Immunomodulators</b>       | Generic Corticosteroid (e.g. Betamethasone, Clobetasone, Hydrocortisone, Triamcinolone)                                                                                                                                     | Tacrolimus                                                                                                         |
| <b>Triptan</b>                        | Sumatriptan, Naratriptan, Rizatriptan                                                                                                                                                                                       | Zomig, Zomig ZMT                                                                                                   |
| <b>Riomet</b>                         | Metformin/ER                                                                                                                                                                                                                | Riomet                                                                                                             |
| <b>Zetia</b>                          | Atorvastatin, Lovastatin, Pravastatin, Simvastatin                                                                                                                                                                          | Zetia                                                                                                              |