

VPHP QUANTITY LIMITS

To help make the use of prescription drugs safer and more affordable, our plan is now using a Drug **Quantity Management** program. That is, for certain medications, you can receive an amount to last you a certain number of days. This gives you the right amount to take the daily dose considered safe and effective, according to the recommendations of the U.S. Food and Drug Administration (FDA).

Based on the FDA's guidelines and other medical information, our plan developed this program together with **EnvisionRxOptions**, the company chosen to manage our prescription drug benefit. The following limits are based on a 34-day supply (unless otherwise noted). Your doctor could also request a prior authorization. If this request is approved, a prior authorization would let you receive more than the recommended quantity.

Drug Name	34 Day Retail Quantity Limits*
Abilify 2mg, 5mg, 10mg 15mg, 20mg, 30mg	34 Tabs
Actoplus Met 15/500mg and 15/850mg	102 Tabs
Actoplus Met XR 15/1000mg	68 Tabs
Actoplus Met XR 30/1000mg	34 Tabs
Actos 15mg, 30mg, 45 mg	34 Tabs
Adcirca 20mg	68 Tabs
Advair Diskus 100/50, 250/50 and 500/50 with device	14, 28, 120 Blisters
Advair HFA	2 Inhalers
Alendronate 35 mg and 70mg	5 Tabs
Alendronate 5mg, 10mg and 40 mg	34 Tabs
Aloxi Injection 0.25mg/5ml and 0.075mg/1.5ml	1 Vial
Alprazolam (all strengths)	170 (4-10mg max dose)
Amphetamine mixtures (all strengths)	68 Tabs (60mg max dose)
Ascensia Test Strips	150 Strips
Astepro 137mcg Nasal Spray	2 Bottles
Atomoxetine (all but 40 mg)	34 Tabs (100mg max dose)
Atomoxetine 40 mg	68 Tabs (100mg max dose)
Atorvastatin 10mg, 20mg, 40mg, 80mg	34 Tabs
Avonex	4 Syringes
Azelastine Ready Spray Nasal Spray	2 Bottles
Azithromycin for Oral Suspension 100mg/5ml 15 ml bottle	2 Bottles
Azithromycin for Oral Suspension 200mg/5ml 15ml and 22.5 ml bottle	3 Bottles
Azithromycin for Oral Suspension 200mg/5ml 30 ml bottle	3 Bottles

Drug Name	34 Day Retail Quantity Limits*
Azithromycin Tab or Cap 250mg	8 Tabs/Caps
Azithromycin Tab 500mg	6 Tabs
Betaseron	14 or 15 Vials (depending on packaging) with Prefilled Diluents Syringe
Boniva 3mg/3ml Syringe	1 Injection per 90 Days
Budesonide Respules 0.25mg/2ml and 0.5mg/2ml	70 Ampules
Budeprion SR 100 and 150mg	68 Tabs
Budeprion XL 300mg	34 Tabs
Buproban	60 Tabs
Bupropion HCL	60 Tabs
Bupropion SR/ER 100, 150, and 200 mg	68 Tabs
Butorphanol Tartrate Nasal Spray	2 Spray Bottles
Byetta 1.2ml (250mc/ml)	2 Syringes
Byetta 2.4ml (250mcg/ml)	2 Syringes
Cabergoline 0.5mg	10 Tabs
Cayston	1 Kit (84 Vials of Aztreonam and 88 Vials of Diluent)
Cefpodoxime Tab 100mg and 200mg	28 Tabs
Cefpodoxime for Oral Suspension 50mg/5ml, 100mg Bottle	2 Bottles
Cefpodoxime for Oral Suspension 50mg/5ml, 100ml Bottle	2 Bottles
Chantix	56 Tabs
Chlordiazepoxide	170 Tabs (200-400mg)
Citalopram 10mg, 20mg and 40mg	34 Tabs
Clarithromycin for Oral Suspension 125mg/5ml, 50ml Bottle	2 Bottles
Clarithromycin for Oral Suspension 250mg/5ml, 50ml Bottle	2 Bottles
Clarithromycin 250mg and 500mg	28 Tabs
Clonazepam (all strengths)	170 Tabs (10-20mg max dose)
Clorazepate (all strengths)	170 Tabs (60-90mg max dose)
Combivent 14.7 grams	3 Inhalers
All Contraceptives	1 Package
Copaxone 20mg Kit	1 Kit
Crestor 5mg, 10mg, 20mg and 40 mg	34 Tabs
Cymbalta 20mg and 60mg	68 Caps
Cymbalta 30mg	34 Caps

Drug Name	34 Day Retail Quantity Limits*
Diazepam (all strengths)	136 Tabs (max dose 40mg)
Doxazosin 1mg, 2mg and 4mg	34 Tabs
Doxazosin 8mg	68 Tabs
Duetact 30/2mg and 3-/4mg	34 Tabs
Dulera	2 Inhalers
Duloxetine (all strengths)	68 Tabs (max dose 60mg)
Eligard	1 Package per 90 Days
Emend 115mg Vial	1 Vial
Emend 125mg	1 Cap
Emend 40mg Cap	1 Cap
Emend 80mg	2 Caps
Emend Bifold Pack	1 Pack
Emend Trifold Pack (one 125mg and two 80mg caps)	1 Pack (package size 3)
Enbrel 25mg Vials	10 Vials
Enbrel 25mg Syringes	10 Syringes
Enbrel 50mg Syringe/Auto Injectors	5 Syringes/Auto Injectors
Entresto tablets	60 tabs
Epinephrine 0.15mg and 0.3mg Single Unit Pack	3 Units
Epinephrine 0.15mg and 0.3mg Two-Pack	4Units
EpiPen and EpiPen Jr	2 Units
Estradiol Transdermal Patch	5 Patches
Fentanyl Patch	10 Patches
Fexofenadine 30mg and 60mg	68 Tabs/ODTs
Fexofenadine 180mg	34 Tabs
Fexofenadine-PSE	68 Tabs
Fluconazole 150mg	2 Tabs
Flunisolide 0.025%	3 Inhalers/Bottles
Fluoxetine 10mg	34 Caps
Fluoxetine 40mg	68 Caps
Flurazepam (all strengths)	68 Tabs (60mg max dose)
Fluticasone Nasal Spray	2 Sprays
Fluvoxamine 100mg	102 Tabs
Fluvoxamine 25mg	34 Tabs
Fluvoxamine 50mg	68 Tabs
Foradil Aerolizer & 12 Caps in Blisters	1Package (package size 12) 12 Caps

Drug Name	34 Day Retail Quantity Limits*
Foradil Aerolizer & 60 Caps in Blisters	2 Packages (package size 60) 120 Caps
Forteo 600mcg/2.4ml Pen	1 Pen
Glucagon 1mg Emergency Kit	2 Kits
Granisol Solution 2mg/10ml	1 Bottle (30ml)
Granisetron 1mg	2 Tabs
Granisetron 2mg/10ml	1 Bottle (30ml)
Humira 20mg and 40mg Syringe/Pen	3 Syringes/Pens
Humira Crohn's Starter Pack	3 Syringes
Humira Psoriasis Starter Pack	3 Syringes
Imiquimod 5% Cream, 12 grams	2 Tubes
Incruse Ellipta	1 package
Insulin Pen Devices	1 Device per 365 Days
Intal Inhaler 112	2 Inhalers
Intal Inhaler 200	2 Inhalers
Ipratropium Bromide Nasal Spray 0.03% (30 grams)	2 Bottles
Ipratropium Bromide Nasal Spray 0.06% (15 grams)	2 Bottles
Ipratropium/Albuterol	2 Inhalers
Itraconazole 100mg	34 Caps
Januvia 25mg, 50mg, 100mg	34 Tabs
Janumet 50/500mg, 50/100mg	68 Tabs
Ketorolac 10mg	20 Tabs
Ketotifen Fumarate 0.025%	1 Bottle
Kombiglyze XR 5/500mg and 5/1000mg Tabs	34 Tabs
Kombiglyze XR 2.5/1000mg Tabs	68 Tabs
Lansoprazole 15mg	34 Caps
Lantus Insulin	6 Bottles
Levemir Insulin	6 Bottles
Lice Shampoo, 120ml Bottle	1 Bottle
Lindane 1% Shampoo, 60ml Bottle	1 Bottle
Lioresal Intrathecal Refill Kit 1 ampule 10mg/20ml 2 ampules 10mg/5ml 1 ampule 40mg/20ml	1 Kit
Lorazepam (all strengths)	170 Tabs (10mg max dose)
Lovastatin 10mg	34 Tabs
Lovastatin 20mg and 40mg	68 Tabs

Drug Name	34 Day Retail Quantity Limits*
Lupron Depot 11.25mg, 22.5mg 3-month Kit	1 Package Per 90 Days
Medroxyprogesterone Contraceptive Injection 150mg/ml	1 Vial/Syringe
Meloxicam 7.5mg	34 Tabs
Methylphenidate/Concerta (18mg, 27mg, 54mg)	34 Tabs (72mg max dose)
Methylphenidate/Concerta (36mg)	68 Tabs/2 per day (72mg max dose)
Methylphenidate/Metadate-CD (all strengths)	68 Tabs (60mg max dose)
Miconazole 1 Pre-Filled	1 Box
Miconazole 3 Combination Pack 200mg and equivalent	1 Box
Miconazole 3 Suppositories 200mg and equivalent	3 (1 box)
Miconazole 7 Combination Pack and equivalent	1 Box (7 suppositories, 9 gram cream)
Miconazole 7 Cream and Equivalent	45 grams (1 tube)
Miconazole 7 Cream Pre-Filled Applicators	7 Applicators
Miconazole 7 Suppositories 100mg and equivalent	7 Suppositories (1 box)
Miconazole Dual Pak (1200mg vaginal insert, 9 gram 2% cream)	1 (1 box)
Miconazole Dual Pak (three 200mg vaginal suppositories, 15 gram 2% cream)	1 (1 box)
Neulasta 6mg/0.6ml Single-Dose Syringe	2 Syringes
Neumega	21 Vials
Nicotine Gum	270 Units
Nicotine Lozenges	270 Units
Nicotine Patches	30 Units
Novolin Insulin	6 Bottles
Novolog Insulin	4 Boxes
Ofloxacin 200mg, 300mg and 400mg	60 Tabs
Olanzapine 2.5mg, 5mg, 7.5mg, 10mg, 15mg and 20mg	34 Tabs
Omeprazole-Sodium Bicarbonate	34 Caps
Ondansetron 24mg	1 Tab
Ondansetron, Ondansetron ODT 4 mg	18 Tabs (3 Tabs/day; 24mg max dose)
Ondansetron, Ondansetron ODT 8mg	9 Tabs (3 Tabs/day; 24mg max dose)
Ondansetron Solution 4mg/5ml, 50 ml bottle	3 Bottles
Onglyza 2.5mg and 5mg	34 Tabs
Opana ER	102 Tabs

Drug Name	34 Day Retail Quantity Limits*
Opioid/APAP combo (all strengths)	272 Tabs (4g-APAP max dose)
Oxazepam (all strengths)	136 Tabs (120mg max dose)
Oxybutynin XL 5mg	34 Tabs
Oxycodone/Roxicodone (all strengths)	170 Tabs
Oxycodone ER, SR 10mg, 20mg and 40mg	102 Tabs
Oxycodone ER, SR 80mg	120 Tabs
Oxycontin 10mg, 20mg and 40mg	68 Tabs
Oxycontin 80mg	102 Tabs
Pantoprazole 20mg	34 Tabs
Paroxetine HCL 10mg and 40mg	34 Tabs
Paroxetine HCL 20mg and 30mg	68 Tabs
Paroxetine CR 12.5mg, 25mg, and 37.5mg	68 Tabs
Peak Flow Meters	2 per 365 Days
Peg Intron Pens/Kit (containing 1 vial each) 50mcg, 80mcg, 120mcg, and 150mcg	5 Pens/Vials
Pegasys 180mcg	5 Vials (package size 1)
Pegasys 180mcg Convenience Pack (4 vials)	1 Box (package size 1)
Pegasys 180mcg Convenience Pack (4 pre-filled syringes)	1 box (package size 1)
Perforomist Inhalation Solution	2 Cartons (120 Vials)
Permethrin 1% lotion, 59mlg Bottle	2 Bottles
Plan B	2 Tabs
Pravastatin 10mg, 25mg, 40mg and 80mg	34 Tabs
Proair HFA (all strengths)	2 Inhalers
Pulmicort Flexhaler 90mcg	2 Inhalers
Pulmicort Flexhaler 180mcg	3 Inhalers
Pulmicort Turbuhaler	2 Inhalers
Pulmicort Respules 1mg/2ml	35 Ampules
Qvar 40mcg and 80mcg (7.3 grams)	3 Inhalers
Qvar 40mcg (8.7 grams)	2 Inhalers
Qvar 80mcg (8.7 grams)	2 Inhalers
Rebetron Combination (Rebetol Caps and Intron A Injection) Rebetron 1200, 1000 and 600 Therapy Pack	2 Packages
Rebif 22mcg and 44mcg	15 Syringes
Rebit Titration Pack 4.2ml	1 Package
Regranex 0.01% gel 2gm, 7.5gm and 15gm	1 Tube
Respiratory Therapy Supplies	2 per 365 Days

Drug Name	34 Day Retail Quantity Limits*
Relenza 5mg/Blister with Inhalation Device	20 Units (1 package)
Restasis 0.05%	64 Vials
Risperidone 0.25mg, 0.5mg, 1mg, 2mg, 3mg, and 4mg	68 Tabs
Risperidone M-Tab 0.5mg, 1mg, 2mg, 3mg and 4mg	68 Tabs
Rozerem 8mg	34 Tabs
Samsca 15mg	34 Tabs
Samsca 30mg	68 Tabs
Sandostatin LAR Depot 10mg/5ml and 30mg/5ml	1 Vial per 28 Days
Sandostatin LAR Depot 20mg/5ml	2 Vials per 28 Days
Savella 12.5mg, 25mg, 50mg and 100mg	68 Tabs
Savella Titration Pack	55 Tabs
Selfemra 10mg	35 Caps
Selfemra 20mg	140 Caps
Seroquel 25mg, 50mg, 100mg and 200mg	102 Caps
Seroquel 300mg and 400mg	68 Tabs
Seroquel XR 150mg and 200mg	34 Tabs
Seroquel XR 50mg, 300mg and 400mg	68 Tabs
Sertraline 50mg and 100mg	68 Tabs
Sertraline 25mg	45 Tabs
Simvastatin 5mg, 10mg, 20mg and 40mg	34 Tabs
Spiriva Handihaler 6 Caps (1 blister card) with inhaler device	1 Package
Spiriva Handihaler 30 Caps (5 blister cards) with inhaler device	2 Packages
Spiriva Handihaler 90 Caps (6 blister cards) with inhaler device	1 Package
Sumatriptan 4mg Injection (syringes/cartridges)	1 Kit (2 Syringes)
Sumatriptan Injection (syringes/cartridges)	1 Kit (2 Syringes)
Sumatriptan Injection (vials)	2 Vials
Sumatriptan Tabs 25mg, 50mg and 100mg	9 Tabs
Symbicort 80/4.5, 160/4.5 Inhaler	2 Inhalers
Symlin 0.6mg/ml	7 Vials
SymlinPen 60, 120 Pen Injector	8 Pens
Tamazepam (all strengths)	68 Tabs (60mg max dose)
Tamiflu 30mg	20 Caps per 180 Days

Drug Name	34 Day Retail Quantity Limits*
Tamiflu 45mg	10 Caps per 180 Days
Tamiflu 75mg	10 Caps per 180 Days
Tamiflu for Oral Suspension, 25ml	2 Bottles per 180 Days
Terazosin 1mg, 2mg and 5mg	34 Caps
Terazosin 10mg	68 Caps
Terbinafine 250mg	90 Tabs per 365 Days
Terconazole 3	3 (1 Box)
Terconazole 3 Cream 0.8%	1 Tube (of the 20 gram)
Terconazole 7 Cream 0.4%	1 Tube (of the 45 gram)
Tilade 16.2 grams	3 Inhalers
Tobi 300mg	56 Ampules
Tramadol 50mg	272 Tabs
Tramadol/APAP 37.5mg/325mg	272 Tabs
Tramadol ER 100mg, 200mg and 300mg	34 Tabs
Triazolam (all strengths)	34 Tabs (0.5mg max dose)
Telstar LA 11.25mg Syringes	1 Package
Tudorza pressair	1 package
Venlafaxine 25mg, 37.5mg, 50mg and 75mg	102 Tabs
Vyvanse (all strengths)	34 Tabs (70mg max dose)
Xolair 150mg/5ml single-use vial	6 vials per 28 Days
Zaleplon 5mg	34 Tabs
Zaleplon 10mg	68 Tabs
Zoladex 10.8mg Implant Syringe	1 Package per 90 Days
Zolpidem Tartrate 5mg and 10mg	34 Tabs
Zolpidem Tartrate ER 6.25mg	34 Tabs

*Quantities as shown are per a 34-day supply and mail order quantities are triple the amount shown unless otherwise indicated. Quantity limits work in conjunction with refill to soon edit (ex. member receives medication with the identified enforced ratio on a per prescription basis). Updated July-2012